



Cucumber Water

From *Harriet's Kitchen*

A delicious and cooling drink to make for a warm spring or summer day.

1 quart Sparkling Water

1 cup Cucumbers, peeled & sliced thinly

1/2 cup Orange or Lemon slices

Let flavors blend in refrigerator for 15 minutes or longer. Serve over ice if desired.

Variation: Substitute sprigs of fresh mint, lemon verbena or other herbs for the citrus.